

# An Evening with Rev. Ed Bacon and Elizabeth Lesser

May 9<sup>th</sup> –  
7:00 pm

Newtown  
Middle School

Admission is Free



## Finding Your 'Invincible Summer'

*"In the depth of winter,  
I finally learned that within me there lay an  
invincible summer." --Albert Camus*



**Reverend Ed Bacon** is an Episcopal priest and rector of All Saints Church in Pasadena, CA. He is the author of 8 Habits of Love – Open Your Heart, Open Your Mind. Reverend Bacon believes that every person can live a full and creative life if they can learn to move through troubling emotions such as fear, anger, and sadness to find the beloved within themselves. Reverend Bacon is a progressive spokesperson on issues of faith and justice.

**Elizabeth Lesser** is the co-founder of [Omega Institute](#), the US' largest lifelong learning center focusing on health, wellness, spirituality, creativity and social change. For more than 30 years Lesser has worked with leading figures in the fields of healing—healing self and healing society. She's the author of the best selling [Broken Open: How Difficult Times Can Help Us Grow](#). In this book, she offers tools to help us make the choice we all face in times of challenge: Will we be broken down and defeated, or broken open and transformed?

Reverend Bacon and Elizabeth Lesser are frequent hosts of **Oprah's Soul Series**.

<http://www.oprah.com/spirit/Teachable-Moment-on-the-Tools-You-Need-to-Grow-Video>

- The power of community
- The beauty and necessity of grieving and how our culture has placed a layer of shame over people who can't find closure within a short period of time
- Simultaneously grieving and moving on - honoring the heartbreak while seeking the "invincible summer".

Join us for conversation afterward. Refreshments by Aquarian Caterers